

Creating the Bandeau Top Pattern

I. Create the Shape for the Bandeau Top

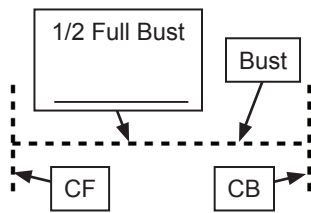


1. Define the top of the Bandeau by securing a strip of Velcro above the bust.
2. Define the bottom of the Bandeau by securing a second strip of Velcro around the rib cage.

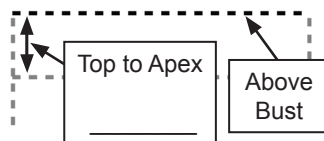
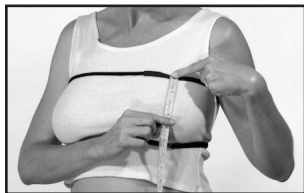
Note: To allow room for adjustments during fitting, measure to the outside edges of the Velcro.

For breasts that are not self supporting, measurements may be taken over an existing bra. Ideally, the Full Bust should be approximately half way between the Above Bust and the Rib Cage. This would make the “Top to Apex” and “Apex to Rib Cage” approximately equal. If this does not provide appropriate support for the breasts, you may adjust the measurements so the “Top to Apex” is no more than 1/2” (12 mm) greater than the “Apex to Rib Cage” measurement.

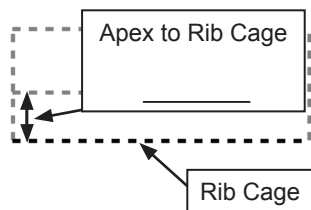
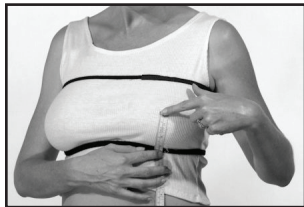
II. Measure then Draw the Bandeau Top



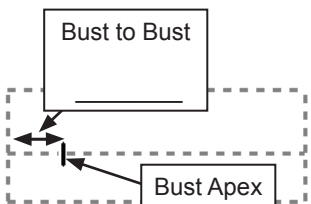
1. Measure the circumference at the fullest part of the bust.
2. Draw a horizontal line that is 1/2 the length of the Full Bust measurement. This is the Bust line.
3. For the Center Front (CF) and Center Back (CB) lines, draw vertical lines at either end of the Bust line.



4. Measure the distance from the top Velcro to the Apex.
5. On the Center Front line, mark the Top to Apex length.
6. Draw a horizontal line from this mark. This is the Above Bust line.

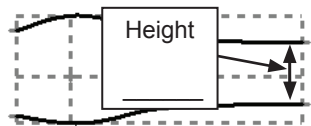
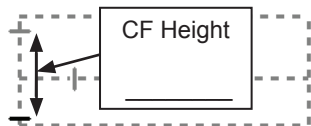
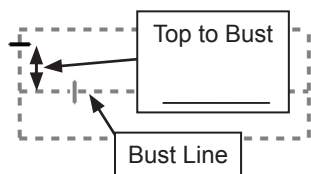


7. Measure the distance from the Apex to the bottom Velcro.
8. On the Center Front line, mark the Apex to Rib Cage length.
9. Draw a horizontal line from this mark. This is the Rib Cage line.



10. Measure the distance from Bust Apex to Bust Apex.
11. Measure 1/2 the Bust to Bust length from Center Front and make a mark. This is the Bust Apex point.

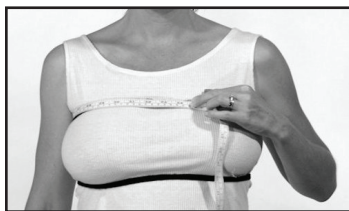
II. Measure then Draw the Bandeau, cont'd



1. At Center Front, measure from the top Velcro to the full bust.
2. On the pattern, measure up this distance from the Bust line and make a mark.
3. At Center Front, measure from the top Velcro to the bottom Velcro, then mark this length on the pattern.
4. Along the side of the body, measure the distance between the top and bottom Velcro. This will be the Center Back height of the Bandeau.
5. Mark half the height above the full bust line and half below.
6. Using the marks at Center Front, Apex, and Center Back as guides, draw in the shape of the Bandeau.

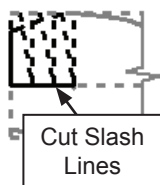
III. Shape the Bandeau

For shaping, the Bandeau needs to be adjusted to the dimensions of the body.

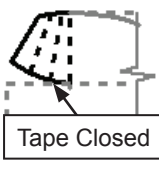


1. Record the 1/2 Bust measurement from page 52 in the chart below.
2. Inhale and measure the Above the Bust circumference, then record half this measurement in the chart below.
3. Subtract the Above Bust measurement from the Bust measurement and record below.

1/2 Bust: _____	Minus	1/2 Above Bust: _____	Equals: _____
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Cut Slash Lines



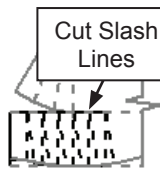
Tape Closed

4. Use the difference to draw slash lines to establish how much the top of the Bandeau must be reduced. For example, if the difference is 1-1/2" (36 mm), draw 3 slash lines to remove 1/2" (12 mm) each.
5. Cut the pattern along the bust and slash lines, then tape it closed.

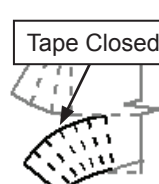


6. Record the 1/2 Bust measurement in the chart below.
7. Inhale and measure the Rib Cage circumference, then record half this measurement in the chart below.
8. Subtract the Rib Cage measurement from the Bust measurement and record below.

1/2 Bust: _____	Minus	1/2 Rib Cage: _____	Equals: _____
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Cut Slash Lines



Tape Closed

9. Use the difference to draw slash lines to establish how much the top of the Bandeau must be reduced. For example, if the difference is 1-1/2", (36 mm) draw 3 slash lines to remove 1/2" (12 mm) each.
10. Cut the pattern along the slash lines, then tape it closed.