

An Overview for Creating a Bust Sling Bra

Below is an overview of my approach for creating the initial pattern for a Bust Sling Bra. These photos are taken from the video demonstrating this technique for my online class "How to Make Bust Sling Bras & Variations." While there are other ways to create Bust Sling Bra patterns, this overview shows how to do it using Glad's Press'n Seal wrap.

Don McCunn



Trial Muslin on model Bonnie



1. Apply Press'n Seal to the body. The back provides the support. The front can be sculpted to the desired shape.



2. Use masking tape to reinforce the shape. The instructions include how you can do these steps as a do-it-yourself project.



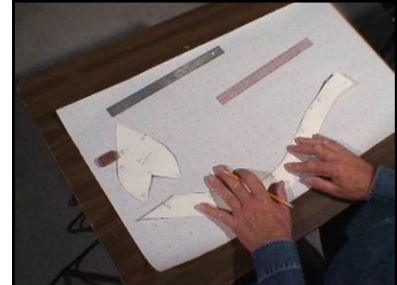
3. Draw lines on the masking tape indicating the design of the Bust Sling.



4. Add a styling panel to the front of the bra to control the degree of projection of the breast.



5. Remove the masking tape mold and cut along the seam lines.
6. Transfer the shape to poster board.



7. Verify seam lines and sewing notches on the poster board.
8. Trace the poster board onto pattern paper.



9. Sew up a trial muslin.



10. Adjust the muslin in a fitting as necessary.